

Exploring Careers & Gaining Experience

	INFORMATION INTERVIEWING	JOB SHADOWING	PART-TIME JOB	INTERNSHIP	CO-OP
Purpose	Gather career information	Explore a career field	Earn money & gain experience	Explore a career & gain relevant experience	Explore a career & gain relevant experience
Length	30 minutes - 1 hour	1-5 days	Indefinite	Typically a minimum of 8 weeks	2-3 semesters
Paid	No	No	Yes	Both paid & unpaid	Yes
Career-related	Yes	Yes	Potentially	Yes	Yes
Requirements	Desire to explore career options	Desire to explore career options	Established by employer	Established by employer (Minimum Career Center requirements - 2.5 GPA & 30 semester hours)	Established by employer (Minimum Career Center requirements - 2.5 GPA & 30 semester hours)
What to do next	<ul style="list-style-type: none"> ▪ Read Sample Information Interviewing Questions on page 5 of our Networking Tip Sheet at www.sc.edu/career/Pdf/networking.pdf ▪ Speak to Job Shadowing Coordinator in Career Center 	<ul style="list-style-type: none"> ▪ Attend a Job Shadowing Workshop ▪ Speak to Job Shadowing Coordinator in Career Center 	<ul style="list-style-type: none"> ▪ Attend Part-time job fair (fall semester) ▪ View job postings on JobMate ▪ Contact employers directly 	<ul style="list-style-type: none"> ▪ Meet with a Career Center staff member during on-call hours ▪ Have your resume approved by a Career Center staff member ▪ Establish a full access JobMate account ▪ Review internship positions on JobMate ▪ Review the Community Internship Program (CIP) guidelines at www.sc.edu/career/cip 	<ul style="list-style-type: none"> ▪ Meet with a Career Center staff member during on-call hours ▪ Have your resume approved by a Career Center staff member ▪ Establish a full access JobMate account ▪ Review co-op positions on JobMate ▪ Meet with your Career Center Co-op Liaison



What's Right for You?

Decide it. Experience it. Live it.

Review the table below to determine which experience may be right for you.

X=YES

	INFORMATION INTERVIEWING	JOB SHADOWING	PART-TIME JOB	INTERNSHIP	CO-OP
I would like to get a sneak peak of a career in order to confirm the <u>type</u> of work experience I would eventually like to obtain	X	X			
I need to earn extra income while in school			X	X	X
I would like to be able to work somewhere other than locally during the fall or spring semester without losing my student status			X (Summer only)	X (Summer only)	X (Year-round)
I would like to increase my odds of obtaining a full-time offer after graduation from the company that employs me as a student			X	X	X
This type of experience would look most favorable by the profession I'm considering				X	X
I am willing/able to defer graduation a for a semester					X
I am willing to commit 2-3 semesters of work for the same employer					X
I would like to have an official notation of my experience appear on my University transcript					X